

Online Training Courses

Health and Safety Courses

 Global (best practice) versions available

Abrasive Wheels Safety
Accident Investigation 
Accident Reporting
Accident Reporting
Anaphylaxis & Allergy Training for Schools & Carers
Asbestos Awareness 
Asthma Training for Schools & Carers
Banksman Essentials
Bar Staff Training (Working in Licensed Premises)
Care Certificate Training
CDM Regulations
Child Exploitation Awareness Training
Compressed Air Safety 
Confined Space Training - Working in Confined Spaces
CoSHH
Diabetes Training for Schools & Carers
Diet, Hydration, and Nutrition
Display Screen Equipment Training
Driver Awareness 
DSEAR (Dangerous Substances and Explosive Atmospheres)
Dust Awareness
Electrical Safety
Emergency First Aid at Work Refresher
Entonox Awareness Training
Epilepsy Training for Schools & Carers
Essential Health & Safety 
Eye Protection Training
Fire Awareness 
Fire Awareness in Care 
Fire Awareness in Construction 
Fire Awareness in Education 
Fire Extinguisher Use
Fire Warden 
Fire Warden in Care
Fire Warden in Construction
Fire Warden in Education
First Aid Appointed Person
First Aid at Work Refresher
First Aid Requirements and RIDDOR
Food Allergy Awareness
Food Safety & Hygiene Level 1
Food Safety & Hygiene Level 2 
Food Safety & Hygiene Level 3
General Workshop Safety
HACCP (Level 2)
HACCP (Level 3)

Hand Arm Vibration
Handling Aggressive Behaviour
Health & Safety for Managers and Supervisors
Health and Safety for Homeworkers
Infection Prevention & Control
Keeping Children Safe in Education Draft Guidance (2025) Part 1 (FREE)
Keeping Children Safe Online 
Ladder Safety 
Legionella Awareness
Lift Equipment and Lifting Operations (International)
LOLER 
Lone Worker Safety
Manual Handling 
Manual Handling (including Tyres)
Medication Awareness for Care
Medication Awareness for Schools
Moving & Handling People
Noise Awareness
Oral Care
PAT Testing
Paediatric First Aid Refresher
Permit to Work Training
Personal Protective Equipment
PUWER
Respiratory Protective Equipment (RPE)
Risk Assessment 
Safeguarding Adults (Level 2)
Safeguarding Children (Level 2) 
Safeguarding Children (Level 3)
School Trips for Management
School Trips for Organisers & Support
Sharps Training
Slips, Trips & Falls 
Spill Kit Training - Body Fluids
Spill Kit Training - Chemicals and Oils
Working at Height 



Online Training Courses

HR Compliance Courses

Assessing Mental Capacity
Autism Awareness
Bullying & Harassment - Employees
Bullying & Harassment - Managers
Conflict Resolution
Dementia Awareness
Dementia Awareness for Carers
Deprivation of Liberty Safeguards
Disability Awareness & Inclusion
Domestic Abuse Awareness
Drug and Alcohol Awareness
Effective Remote Working
Equality, Diversity & Inclusion
FGM Awareness
Front of House Training
Gender Identity & Expression
HR Compliance & Wellbeing Essentials
Managing Anxiety
Menopause Awareness
Mental Health Awareness 
Mental Health Awareness for Carers & Nurses

Mental Health Awareness for Management
Mental Health Awareness in Construction
Mental Health Awareness in Education
Neurodiversity Awareness
New and Expectant Mothers at Work
Onboarding Training
Prevent Duty
Resilience
Returning to Work
Returning to Work after COVID-19
Safer Recruitment in Education
Sexual Harassment Awareness 
Supply Chain Management
Stress Awareness
Time Management
Unconscious Bias for Employees
Unconscious Bias for Managers
Understanding Personality Types
Women in Leadership
Young People in the Workplace

Business Compliance Courses

An Introduction to Employee Background Checks
An Introduction to ISO Certification
An Introduction to SSIP Accreditation
Anti-Bribery Training
Anti Money-Laundering Training
Bomb Threats and Suspicious Packages
Business Compliance Essentials
Complaints Handling
Complaints Handling in Care
Consumer Rights for Retailers - Digital
Consumer Rights for Retailers - Goods
Consumer Rights for Retailers - Services
Corporate Social Responsibility 
Customer Service
Cyber Security 
Energy Efficiency Awareness
Environmental Awareness

EU AI Act (currently text-based)
Fraud Prevention
Front of House Essentials 
GDPR (UK)
GDPR Advanced for Management (UK)
GDPR EU
GDPR EU Advanced Training for Management
GDPR in Education (UK)
Managing Contractors
Modern Slavery 
Professionalism in the Workplace 
Social Media Awareness
Supply Chain Management Training
Waste Management
Women in Leadership 
Whistleblowing

Soft skills (not included in short format courses)

Customer Service
Conflict Resolution

Resilience
Time Management

Online Training Courses

Short Format Courses

Soft skills

Active Listening
Anger Management
An Introduction to Leadership
Coaching & Mentoring
Communication Skills
Confidence Building
Creative Thinking
Critical Thinking
Delivering Bad News
Effective Decision Making
Effective Meetings
Emotional Intelligence
Giving & Receiving Feedback
Growth Mindset
Mindfulness
Organisational Skills
Positive Thinking
Presentation Skills
Problem Solving
Project Management Essentials
Recognising Your Value
Responding to Change
Setting Goals
Speaking Confidently
Teamwork Skills
Writing Effective Emails

Audio courses

Anti-Tax Evasion (Criminal Finances Act) (audio-course)
Competition Law (audio-course)
Freedom of Information Act

Text-based courses

An Introduction to Search Engines
Building Safety Act
Conducting Appraisals
Disciplinary & Grievance
EAP: Adapting to Life as a New Parent
EAP: An Introduction to Counselling
EAP: Budgeting

EAP: Dealing with Personal Loss and Grief
EAP: Dealing with Separation
EAP: Life as a Working Parent
EAP: Living with Teenagers
EAP: Navigating Change: Overcoming Challenges and Embracing Growth
EAP: Talking to Your Employer About Personal Challenges
Effective Recruitment
Ethical Values & Codes of Conduct
Hot Work
Lock Out Tag Out
Managing a Remote Team
Managing Change: For Managers
Marketing: Content Marketing
Marketing: Brand Values and Value Proposition
Marketing: Building an Effective Marketing Plan
Marketing: The Role of Analysis in Marketing
Marketing: Understanding Marketing
Marketing: Understanding Marketing Channels
Microsoft Excel: The Basics
Microsoft Outlook: The Basics
Microsoft PowerPoint: The Basics
Microsoft Word: The Basics
PCI DSS (Payment Card Industry Data Security Standards)
Probationary Periods
Recognising the Value of your Team
Right to Work Checks
Sexual Harassment Awareness for Managers 
The Calorie Labelling (Out of Home Sector) (England) Regulations 2021: Government Guidance
The Fire Safety (England) Regulations 2022 - Updated Guidance
Using AI in your business: AI and the Law
Using AI in your business: AI in the Workplace
Using AI in your business: The Basics of Generative AI
Using AI in your business: The Risks of AI
Using AI in your business: What is AI?
Windows 11: The Basics

Other

CPR & AED Refresher

* EAP = "Employee Assistance Programmes"

All of our online training courses include full support and free access to our Learning Management System (LMS) where administrators/managers can view training activity, download reports, print certificates and more.

Not sure what your requirements are?

Give us a call on 01344 867 088 or email hello@ihasco.co.uk to discuss your training needs.